

AUGUST | 2019

EAST KNOX ELEMENTARY





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31		2 LUNCH PRICES: REGULAR: \$2.25 REDUCED: \$0.40
! 	6	7	8	9
12	13	14 Chicken strips Corn Fruit cocktail Milk	15 Hamburger on bun Sweet potato fries Peaches Milk	16 Pizza Fresh fruit Fresh veggies Milk
19 Hot dog on bun Baked beans Pineapple Milk	20 Walking taco Corn Pears Milk	21 Salisbury steak Mashed potatoes Gravy Roll Tropical fruit Milk	22 Chicken patty on bun Green beans Mixed fruit Milk	23 French bread pizza Fresh fruit Fresh veggie Milk
26 Deli subs Frito chips Apple slices Milk	27 Pancakes Sausage links Hash browns Mandarin oranges Milk	28 Popcorn chicken Ranch potatoes Peaches Milk	29 Quesadilla Sour cream/ salsa Corn Mixed fruit Milk	30 

News

OFFERED DAILY:

Pb & J sandwich with cheese

Bulldog lunchable

Chef salad with croutons

Fresh veggies & fruit

DON'T FORGET:

You need to fill out new application yearly for free or reduced lunches!

BREAKFAST: FREE TO ALL STUDENTS!

Menu is subject to change